



# Rainbow Sheet Pan

Recipe created by Anna Brown, MS, RD at **Nutrition Squeezed**.

## Ingredients:

*Serves 2-4*

- 1 package of **Organic Wild Mushroom Bilinski's Chicken Sausages**, sliced into coins
- 1-2 summer squash, cubed
- 1 head of broccoli, sliced into florets
- 2 bell peppers, sliced
- 1 head of cauliflower, sliced into florets
- 1 cup cherry tomatoes

## Instructions:

1. Preheat oven to 400 and line a baking sheet with parchment paper.
2. Rinse and cube your variety of vegetables. Try to make them all the same size so they cook at the same speed.
3. Chop Bilinski's chicken sausages into bite sized pieces and add to veggies.
4. Spread evenly on your pan and drizzle with olive oil, salt, pepper, oregano, thyme, and basil.
5. Bake for 30-45 min, until soft and roasted. Serve over your favorite starch (we suggest polenta, quinoa, brown rice, or potatoes).

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